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Lawrence and Evelyn Wing

# Joslin Diabetes Center Harvard Medical School

3<sup>rd</sup> Annual Lawrence and Evelyn Wing Family Lectureship on Diabetes

"Precision Nutrition for Curbing Global Diabetes Epidemic: Hype or Hope?"

> Frank B. Hu, MD, PhD Professor and Chair Department of Nutrition Harvard T.H. Chan School of Public Health

Monday, March 25, 2019 12:00 – 1:00PM Joslin Diabetes Center Third Floor Lecture Hall

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### The Lawrence and Evelyn Wing Family Lectureship

Thank you for coming to the second annual presentation of Lawrence and Evelyn Wing Family Lectureship Series – an endowed fund to provide an annual lectureship in support of Joslin Diabetes Center's Asian American Diabetes Initiative (AADI), allowing faculty, staff and students to meet and learn from scholars and experts in the field.

We are especially excited to be joined this year by **Dr. Frank Hu**, one of the most renowned and respected leaders in the medical field. **Dr. Hu** is a true trailblazer, and we are honored that he has made time out of his extremely busy schedule to be with us today.

Lawrence (Larry) and Evelyn Wing were part of Joslin Diabetes Center's family for over four decades, and were founders of AADI. They came to know Joslin's work personally when Larry was diagnosed with diabetes in his early 30s. With Joslin's help, and Evelyn's vigilant aid and loving support, Larry controlled and managed the disease for close to 40 years. Over and over, they both credited Joslin with allowing him to live a long and fruitful life.

Larry was a member of Joslin's Board of Directors for many years, generously offering Joslin his time, energy and expertise. In the late 1990s, he and Evelyn became part of a small group of concerned people who helped to found AADI to improve the treatment and understanding of diabetes among Asian Americans, so that others wouldn't have to fight the same battles that he did.

After Larry's passing, Evelyn continued the family's tradition of giving back to Joslin until she passed away, a few years ago. A chef in her own right for over 30 years, Evelyn was a beloved fixture at the A Taste of Ginger, AADI's signature fundraising event, gracing us with her presence and tireless support.

Dr. George King stated: "Larry and Evelyn Wing were pioneers, visionaries and most importantly, people with tremendous hearts. Being one of the original founders, they helped lay the foundation for what AADI is today."

Their son Leverett (a Joslin Overseer), his wife Marian, and their son Lleyton have carried that mantel. They, along with Larry and Evelyn's daughters, Lauren and Linda – also generous Joslin supporters – hope that the continuation of this Lectureship Series will enable the memory and legacy of Larry and Evelyn to live on, and will help AADI continue to grow and flourish.



## Dr. Frank Hu

Dr. Frank Hu is Chair of Department of Nutrition, Fredrick J. Stare Professor of Nutrition and Epidemiology at Harvard T.H. Chan School of Public Health and Professor of Medicine, Harvard Medical School and Brigham and Women's Hospital. He serves as Co-director of the Program in Obesity Epidemiology and Prevention at

Harvard and Director of Boston Nutrition and Obesity Research Center (BNORC) Epidemiology and Genetics Core. Dr. Hu received his MD from Tongji Medical College in China and a PhD in Epidemiology from University of Illinois at Chicago. Dr. Hu is the recipient of the Kelly West Award for Outstanding Achievement in Epidemiology by the American Diabetes Association in 2010. He was named the American Heart Association's Ancel Keys Memorial Lecturer in 2018. He has served on the Institute of Medicine (IOM) Committee on Preventing the Global Epidemic of Cardiovascular Disease, the AHA/ACC Obesity Guideline Expert Panel, and the 2015 Dietary Guidelines Advisory Committee, USDA/HHS. He currently serves on the editorial boards of Lancet Diabetes & Endocrinology, Diabetes Care, and Clinical Chemistry. Dr. Hu is a member of the National Academy of Medicine.

#### **Previous Wing Lecturers:**

2017 Maria Rosario (Happy) G. Araneta, PhD, MPH University of California, San Diego
2018 Howard K. Koh, MD, MPH Harvard T.H. Chan School of Public Health